

# SPLASH Spring & Summer 2015

## March – August 2015



Spring & Summer Swim Lessons and Swim & Dive Teams
Public Swim • Pool Rentals • Special Events

## **GILBERT AQUATIC FACILITIES**

	Aquacise Classes	Concessions/ vending	Diving Boards	Junior Lifeguard Program	Kiddie Slides	Play Features	Private Rentals	Public Swim	Shade Ramadas	Splash Pad	Swim Lessons	Water Slides	Youth Swim & Dive Teams	Zero Depth Area
Greenfield Pool	<b>√</b>	<b>✓</b>	<b>√</b>		<b>√</b>	<b>✓</b>		<b>√</b>	<b>√</b>		<b>√</b>		<b>√</b>	<b>√</b>
35 S. Greenfield Rd.														
Mesquite Pool			<b>√</b>	<b>✓</b>	<b>\</b>	<b>~</b>	<b>√</b>	<b>√</b>	<b>√</b>		<b>√</b>	<b>√</b>	<b>✓</b>	<b>√</b>
100 W. Mesquite St.														
Perry Pool		<b>√</b>	./	./		<b>√</b>		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>		./	1
1775 E. Queen Creek Rd.		•	•	·		v		·	•	·	·		v	V
Williams Field Pool	<b>√</b>	<b>√</b>	<b>√</b>			<b>√</b>		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>		<b>√</b>	<b>√</b>
1900 S. Higley Rd.	•	•	•			V		<b>V</b>		•	•		V	•

Gilbert	Lindsay	Val Vista	Greenfield	Higley	
Elliot	Mesquite Aquat	ric		Greenfield Pool	
Warner					
Williams Field				Williams Field Pool	
Pecos					
Queen Creek			Perry Pool		

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#### **OUR MISSION**

The Gilbert Parks and Recreation Department commits to provide superior parks, recreation and cultural programs, which exceed customer expectations, enhance the quality of life, and promote lifelong leisure and educational pursuits. These services are provided by a dedicated team, focused on fairness, trust, innovation, with a commitment to excellence.



#### **Gilbert Assistance Program**

The Gilbert Parks & Recreation Department is committed to offering quality programs at affordable prices. Fee assistance is available for all Youth Aquatic Programs if eligibility is approved through the Gilbert Parks & Recreation office. GAP Application forms are available online at: www.gilbertaz.gov/home/showdocument?id=480

All GAP applications must be completed prior to the registration dates for Swimming Lessons and Swim/Dive teams. Please call (480) 503-6200 for more information or email recreation@gilbertaz.gov for more information.

#### **Americans with Disabilities Act**

Gilbert complies with the Americans with Disabilities Act (ADA).

Our newly renovated Mesquite Aquatic Center now has ADA automatic chair lifts.

For accommodations please call 480-503-6200

"The pools are a great place to relax, get some exercise, and enjoy the beautiful summer weather."



Facebook/GilbertParksRec



Twitter@GilbertParksRec

#### **GENERAL REGISTRATION INFORMATION:**

- Online registration is processed in real time. You must "accept" the waiver of liability and make a payment in order to confirm placement in a course/program.
- 2. Online registration requires a payment by credit card, or by using an existing credit on your recreation account. If you wish to register online but do not want to use a credit card, you may come into the Parks and Recreation office prior to registration and place a credit on your recreation account using cash, check or money order. The credit can then be applied toward any online registration.
- Print a copy of your online registration receipt for confirmation of your course/program enrollment.
- Mail-in registration forms require an assumption of risk waiver signature by a parent/guardian.
- Mail-in and walk-in registrations are processed during regular business hours: Mon-Thur, 7am-6pm; Closed Fridays or at the pools beginning May 23, 2015.
- Payment can be made by either cash, check, credit card, or money order. For mail-in registration, do not mail cash. CREDIT CARDS ARE NOT ACCEPTED AT ANY OF THE POOLS.
- Gilbert Parks and Recreation is not responsible for lost or misdirected mail.
- 8. Payment must be made at the time of the enrollment in order for the registration to be complete.
- WAITLISTS: Waitlists are only available for Swim & Dive Teams and Guard Start. No waitlist is used for swim lessons.
- 10. Gilbert Parks and Recreation Department is committed to being fair and equitable to all participants, therefore we are unable to make exceptions to any class policies. We appreciate your cooperation and understanding.
- 11. A \$25 service charge will be assessed on returned checks.

#### REFUND AND CANCELLATION INFORMATION

- No refunds or credits will be issued for swimming lessons due to the extremely high demand for this program and the short registration periods. If your child is unable to attend lessons, we are unable to fill their spot in class since we don't utilize wait lists for the swim lesson program.
- No swim lesson make-ups or refunds will be issued due to inclement weather.
- 3. NEW POLICY effective July 1, 2014. Credits left on recreation accounts can be used for a period of one year from the first date of the class or program for which one originally registered. Such credits may be used for any Gilbert Parks and Recreation Department class, program or rental. Credits not used or refunded after one year will be donated to the Parks and Recreation Department.

# Spring Lessons and Swim & Dive Teams Registration Dates Check Page 9 & 12 for Spring Program Information

Spring Programs	Spring Programs		
Registration	Registration		
Residents	Non Residents		
Begins 3/9 at 7am	Begins 3/9 at 7 am		

# Summer Swim Lesson Registration Dates Check Page 10 for More Details

Session	Schedule Published 5pm	Resident On-line Registration	Non-Resident On-line Registration
1	4/27 5pm	5/5 at 7am	5/5 at 10am
2	6/1 5pm	6/4 at 7am	6/4 at 10am
3	6/15 5pm	6/18 at 7am	6/18 at 10am
4	6/29 5pm	7/2 at 7am	7/2 at 10am
5	6/29 5pm	7/2 at 7am	7/2 at 10am

#### Summer Swim and Dive Team Registration Dates Check Pages 13-15 for more Information

Summer Swim & Dive	Summer Swim & Dive		
Team Program	Team Program		
Registration	Registration		
Residents	Non Residents		
Begins 4/7 at 7am	Begins 4/7 at 10 am		

#### **CHOOSE ONE OF OUR 3 EASY WAYS TO REGISTER!**



Online Registration
Log on to www.GilbertRecreation.com

- In order to sign up online, please make sure you have your Main Contact Client Number and Family Pin Information.
- If you have misplaced or forgotten your login numbers or need to set-up an account, please call 480-503-6200, M-TH 7am-6pm or email Recreation@gilbertaz.gov



Mail-In Registration

Mail <u>REGISTRATION FORM</u> along with payment to:

Gilbert Parks and Recreation Attention: Registration 90 E. Civic Center Dr.

90 E. Civic Center Dr. Gilbert, AZ 85296

- A signature is required to process registration.
- · Make checks payable to: Town of Gilbert.
- Do not mail cash



Walk-In Registration
Walk-in to any of the four pools beginning
May 23rd during operational hours.



#### Create Your Recreation Account Online

It's QUICK and EASY! Click <u>HERE</u> or log on to <u>www.GilbertRecreation.com</u>

- Not sure if you have an account?
- Call 480-503-6200 for assistance and to prevent setting up a duplicate account.
- · Click 'Create NEW Account' tab
- Enter ALL family members that reside within the household (there must be an parent or legal guardian listed on the account). When finished, click on 'CREATE NEW ACCOUNT'.
- Be sure to enter ALL family members as you are not able to make online changes once you create your family account.
- Any changes or additions to your account can be made by contacting the Parks and Recreation Department or email Recreation@gilbertaz.gov.









#### PAYMENTS ACCEPTED

Make checks payable to: Town of Gilbert.
 A \$25 service charge will be assessed on returned checks

#### **Dates to Remember**

SPRING PROGRAM REGISTRATION: Begins March 9, 2015 SPRING AQUATIC SEASON: Begins March 30-May 7, 2015

#### **SUMMER SWIM & DIVE TEAM REGISTRATION DATES:**

Gilbert Residents: Begins Tuesday, April 7 at 7am (online and mail-in registration available)

Non-Residents: Begins Tuesday, April 7 at 10am (online, and mail-in registration available)

SUMMER AQUATIC SEASON DATES: May 23-August 1
Registration Dates listed on Page 4

#### **Join Our Parks & Recreation Mailing List!**



Click <u>HERE</u> to subscribe to receive the latest newsletters, updates and information about our programs and events sent straight to your inbox.

#### Stay Up to Date on Social Media



#### Facebook/GilbertParksRec



Twitter@GilbertParksRec

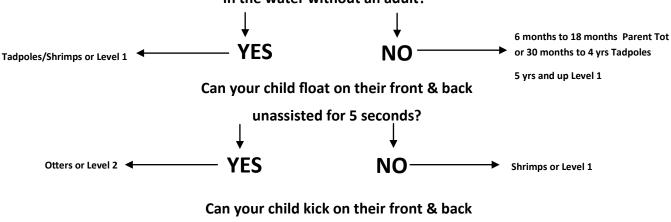


Be sure to register your child in the correct level as changes may not be accommodated for registering in the incorrect level.

It is recommended to begin at a level your child is comfortable

#### Is your child CONSISTENTLY comfortable

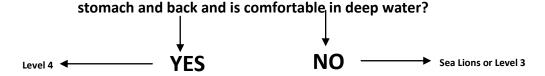
in the water without an adult?



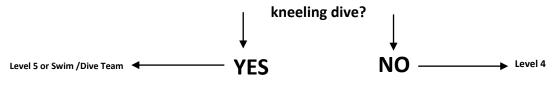
unassisted & swim 5 yards with alternating arms?



Can your child swim 10 –15 yards on their



Can your child swim 25 yds of freestyle, backstroke, elementary backstroke, and perform a



Can your child swim 25 yds of all 4 strokes?



#### SWIM LESSON CLASS DESCRIPTIONS

#### PARENT-TOT: \$25 per session

(6-36 months) 12 participants per class

Designed for children to begin the process of learning basic water skills to help them become comfortable and relaxed in a swimming pool environment. The child must be accompanied by a parent/guardian (12+yrs) in the water that will help the child adapt to the aquatic environment with an instructor's assistance. Focuses on: water adjustment, water entry/exit, exploration and submersion.

#### PRE-SCHOOL LEVEL CLASSES

Tadpoles: \$44 per session

(30-48 months) 3 participants per class

This class is geared towards toddlers who are gaining comfort in the water and working on basic swim skills. The goal of this class is to work on the process of swimming without the parent and introduce new skills. Focuses on: independent entry/exit, front/back glides, front/back floats, kicking and basic front/back arm movements.

Previous participation in Parent-Tot is highly recommended.

#### Shrimps: \$25 per session

(3-5yrs) 5 participants per class

Designed for a first time swimmer who is gaining comfort and confidence in the water. This class will focus on the fundamentals: blowing bubbles, front and back float, head submersion, bobbing, front/back arm movements and supported front/back kick.

#### Otters: \$25 per session

(3-5yrs) 5 participants per class

Intended for children who have mastered front and back floating. The class will focus on the coordination of arm and leg movements on front/back, underwater swimming, kicking without support on front/back and turning over front to back/back to front.

#### **LEVEL CLASSES:**

#### **Level I—Water Exploration: \$25 per session**

(5yrs and up) 5 participants per class

The students will be familiarized with the aquatic environment. This is a first time exposure to the pool, lessons, and an instructor. Skills learned in this level will include face submersion, breath control (bubble blowing), supported floating on front and back, kicking and beginning arm action.

#### Level II—Primary Skills: \$25 per session

(5yrs and up) 7 participants per class

At this level, the students will fully submerge head and retrieve objects, go into deep water with support, float on front and back for five seconds, demonstrate rhythmic breathing, front and back crawl, and kicking on front and back.

# Level III—Stroke Readiness: \$25 per session

(5yrs and up) 7 participants per class

To register for Level III and to participate comfortably, students should have completed Level II and/or Sea Lions successfully. The focus of Level III is coordination of the front and back crawl for 15 yards with good breathing, beginning to tread water and the elementary backstroke. In addition, safe diving practices from the side of the pool and underwater swimming are elements of this level.

# <u>Level IV—Stroke Development: \$25 per session</u>

(6yrs and up) 8 participants per class

This is the course where students really begin to look like "swimmers". Building on the skills already acquired, students will be able to swim at least 25 yards of front and back crawl easily, increase endurance, master rotary breathing, and learn the basics of breaststroke, scissor kick, and turning at the wall. Enrollment in this level should occur after

#### **SPECIALITY SWIM CLASS DESCRIPTIONS**

#### **Beginning Diving: \$25 per session**

(5yrs and up) 6 participants per class

Diving participants must have passed Level II or Sea Lions swim lessons. This class teaches board work, front and back approaches, and will prepare participants for more advanced skills and the basics of competitive diving.

#### **Intermediate Diving: \$25 per session**

(6yrs and up) 8 participants per class

This class is for more advanced divers and will teach participants more advanced skills such as flips, back dives, and twists.

Adult Beginner: \$25 per session



(16+yrs and up) Up to 2 participants per class This class works on skills and strokes the adult would like to improve.

# Aquacise: \$25 per session or \$3 per class (drop-in)

(12yrs and up) 12 participants per class



endurance and introduces exercises to tighten and firm your muscles.

#### **ADAPTIVE RECREATION CLASSES:**

\$25 per session

(no age requirement) 1 student per class

These classes offer one-on-one instruction designed to meet the needs of children or adults with special needs and/or developmental disabilities. Due to the specialized nature of this instruction, it is recommended that you speak with a Pool Manager



PRIOR to registering your child in the special needs



Facebook/GilbertParksRec



Twitter@GilbertParksRec

Join us for a FREE Water Safety Day May 16th 11am-3pm at Mesquite Aquatic Center.

Check page 20 for more information

#### **SPRING SWIM LESSONS**



Streamlined for your Convenience

Register for all Spring programs together (Spring Swim & Dive, Spring Pre-Season lessons, and Spring Lesson Sessions 1 & 2)

The 2015 Aquatics Season will begin with a limited number of American Red Cross Pre-Season swimming lessons. Classes will be held Saturday 3/21, Tuesday 3/24, Thursday 3/26, and Saturday 3/28.

These lessons are offered in conjunction with the American Red Cross Water Safety Instructor Program and will be taught by instructors who are testing for their Water Safety Instructor certificate. Class sizes are limited.

### **SPRING SWIM LESSON SESSIONS**

	<u>DATES</u>	<u>TIME</u>	<u>DAYS</u>	<u>FEE</u>
PRE-SEASON (WSI CLASS)	MARCH 21, 24, 26, 28	5:30-6 :30PM Sat 10-11AM	Sat, Tues, Thurs, Sat	\$15
SESSION 1	MARCH 30-APRIL 16	4:30-7:30 PM	Mon, Tues, Thurs	\$25
SESSION 2	APRIL 20-May 7	4:30-7:30 PM	Mon, Tues, Thurs	\$25





#### **SUMMER SWIM LESSON INFORMATION**



Streamlined for your Convenience

Register for Session 1, 2 and 3 separately and Sessions 4 & 5 together. Refer to the NEW easy to use FLOW CHART on page 6 to help determine your child's swim level. Class descriptions on page 7-8.

#### **REGISTRATION TIMELINES**

**Class Descriptions on pages 7-8** 

Session	Schedule Published 5pm	Resident On-line Registration	Non-Resident On-line Registration	Lesson Dates	Lesson Days
1	4/27 5pm	5/5 at 7am	5/5 at 10am	5/26-6/4	5/26-5/29 & 6/1-6/4
2	6/1 5pm	6/4 at 7am	6/4 at 10am	6/8-6/18	Mon-Thurs
3	6/15 5pm	6/18 at 7am	6/18 at 10am	6/22-7/2	Mon-Thurs
4	6/29 5pm	7/2 at 7am	7/2 at 10am	7/6-7/16	Mon-Thurs
5	6/29 5pm	7/2 at 7am	7/2 at 10am	7/20-7/30	Mon-Thurs

#### **SWIM LESSON - REFUND POLICY**

No refunds or credits will be issued for swimming lessons due to the extremely high demand for this program and the short registration periods. If your child is unable to attend lessons, we are unable to fill their spot in class since we don't take waiting lists for the swim lesson program.

No make-ups or refunds will be issued due to inclement weather.

Register at www.gilbertrecreation.com

#### **SUMMER SWIM LESSON INFORMATION**

# All Sessions are Monday-Thursday for 2 weeks (8 classes) \*except Saturday Classes

#### **Mesquite Aquatic Center**

Monday-Thursday, between 9:30am-12pm for two weeks

#### **Greenfield Pool**

Monday-Thursday, between 9:30am-12pm and 5-8pm for two weeks

#### Williams Field Pool

Monday-Thursday, between 9:30am-12pm and 5-8pm for two weeks

#### **Perry Pool**

Monday-Thursday, between 9:30am-12pm for two weeks

Saturday, between 8-11am for 6 weeks (6 classes 6/6-7/18. \*No class on July 4th



#### Saturday Lessons

Too busy during the week to register for our weekday lessons?

Saturday lessons are great for those families with busy schedules and no availability during the week!

Lessons will be held on Saturdays, from 8-11am

**ONLY** at Perry Pool

Fees will be \$25/session.

Classes will be 25-30 minutes long.

Saturday, between 8-11am for 6 weeks

(6 classes 6/6-7/18). \*No class on July 4th

# Summer Session 1 Swim Lesson Registration

May 5 at 7am for Gilbert residents May 5 at 10am for non-residents

www.gilbertrecreation.com



#### **SPRING SWIM & DIVE TEAMS**

# **SPRING SWIM and DIVE TEAMS**



Gilbert Parks & Recreation will be opening a Youth Spring Swim Team at the Mesquite Aquatic Center starting 3/30.

The Youth Spring Dive team also begins 3/30 and is located at Greenfield Pool.

These programs will be non-competitive in nature and introduce swimmers or divers to the fun of being on a competitive swimming or diving team.

Children should be able to jump or dive off the diving board, or be able to swim one lap (25 yards) of the pool unassisted to meet the skill level required for this program.

Swim and Dive meets will be held for Spring Swim and Dive Teams.

Spring Swim & Dive Team dates; 3/30-5/7

Registration Fee \$75 - 6 weeks

AGE	TIME	DAYS
5-6 years	4:30-5:00pm	Monday-Thursday
7-8 years	5:00-5:40pm	Monday-Thursday
9-10 years	5:40-6:30pm	Monday-Thursday
11-17 years	6:30-7:30pm	Monday-Thursday
Registration Timeline: All registration taken at: www.GilbertRecreation.com	Begins Monday 7am on 3/9 for Residents	Begins Monday 10am on 3/9 for Non-Residents

Summer Swim and Dive Team information can be found on page 13.

#### **SUMMER PRE SEASON SWIM AND DIVE CAMP**

#### **Swim Team Requirements**

There are minimum skill levels required for your children to be on the swim and dive teams.

# Requirements for enrolling in Swim & Dive Team:

 SWIM TEAM: Swim one length of the pool (25 yards) unassisted in 70

# SUMMER SWIM/DIVE TEAM REGISTRATION DATES

April 7th at 7am for Residents

April 7th at 10am for Non Residents

#### **Refund Policy**

We highly recommend that all participants swim during the preseason camp week and parents speak with the coaches prior to the refund deadline of May 14.

After May 14, absolutely <u>NO REFUNDS will be issued</u> to children who are unable to meet the skill requirements of this program.

If you choose to withdraw your child from swim/dive teams, your refund request must be made on or before 6pm May 14th by calling the Parks & Recreation office ONLY at 480-503-6200.

After May 14th, if your child simply elects to not participate in the swim or dive team program after registration due to fear of practice, anxiety, or other issues, we cannot offer a refund or credit.

Thank you for your understanding in advance.

# Pre Season Summer Swim & Dive Camps

Pre-season swim and dive team camps (which are included in the summer swim or dive team registration fee) begin on Monday, May 11<sup>th</sup> through Thursday, May 14<sup>th</sup>.

Summer practice hours on page 14, begin on Tuesday, May 26th for all teams.

# Pre-season Summer Swim and Dive Camps All Pools All Pools Age Dates Practice Times 5-6 yrs 5/11-5/14 4:30-5:00pm 7-8 yrs 5/11-5/14 5:00-5:40pm

5:40-6:30pm

6:30-7:30pm

5/11-5/14

5/11-5/14

9-10 yrs

11-17 yrs

When you enroll your child in the 2015 swim and/or dive team program you receive an optional week of practice prior to the regular season (Pre-Season Camp). Pre-season camp offers children a good head start on the summer and is a GREAT IDEA TO ATTEND if you think your child might not quite have the skills to participate in this program.

Participants must be currently registered in the program (wait list participants are not eligible to participate) and <u>MUST</u> practice at the pool they are registered for.

This week of practice is a good indication of whether your child has the skills and stamina to participate successfully in the swim or dive teams and is held PRIOR to the refund deadline of May 14th.

#### **SUMMER SWIM AND DIVE TEAMS**

Summer Swim and Dive Team Programs begin on Tuesday, May 26 at the Mesquite Aquatic Center, Greenfield, Williams Field, and Perry pools.

The Swim/Dive Team Program is non-competitive in nature and is designed to introduce a child to the fun of competitive swimming or diving in a team environment.

These programs are open to youth ages 5 to 17.

For more information, please call: Gilbert Parks & Recreation Department at (480) 503-6200.



Greenfield Gators	AGES	PRACTICE TIMES
Morning Swim Team		
Monday-Thursday	11-17 yrs	6-7am
	9-10 yrs	7-7:50am
	7-8 yrs	7:55-8:40am
	5-6 yrs	8:50-9:20am
Greenfield Gators	AGES	PRACTICE TIMES
Morning Dive Team		
Monday-Thursday	11-17 yrs	6-7am
	9-10 yrs	7-7:50am
	7-8 yrs	7:55-8:40am
	5-6 yrs	8:50-9:20am

Mesquite Marlins	AGES	PRACTICE TIMES
Morning Swim Team		
Monday-Thursday	11-17 yrs	6-7am
	9-10 yrs	7-7:50am
	7-8 yrs	7:55-8:40am
	5-6 yrs	8:50-9:20am
Mesquite Tiger Sharks	AGES	PRACTICE TIMES
Evening Swim Team		
Monday-Thursday	5-6 yrs	5:30-6:30pm
	7-8 yrs	6-6:45pm
	9-10 yrs	6:45-7:30pm
	11-17 yrs	7:30-8:30pm

Perry Piranhas	AGES	PRACTICE TIMES
Morning Swim Team		
Monday-Thursday	11-17 yrs	6-7am
	9-10 yrs	7-7:50am
	7-8 yrs	7:55-8:40am
	5-6 yrs	8:50-9:20am
Perry Manta Rays	AGES	PRACTICE TIMES
Evening Swim Team		
Monday-Thursday	5-6 yrs	5:30-6:30pm
	7-8 yrs	6-6:45pm
	9-10 yrs	6:45-7:30pm
	11-17 yrs	7:30-8:30pm
Perry Manta Rays	AGES	PRACTICE TIMES
Evening Dive Team		
Monday-Thursday	5-6 yrs	5:30-6:30pm
	7-8 yrs	6-6:45pm
	9-10 yrs	6:45-7:30pm
	11-17 yrs	7:30-8:30pm
Williams Field Barracudas	AGES	PRACTICE TIMES
Morning Swim Team		
Monday-Thursday	11-17 yrs	6-7am
	9-10 yrs	7-7:50am
	7-8 yrs	7:55-8:40am
	5-6 yrs	8:50-9:20am

## **SUMMER SWIM and DIVE MEET INFORMATION**

SWIM & DIVE MEETS WILL TAKE PLACE MAINLY ON THURSDAY EVENINGS.

SWIM MEETS ARE HELD AT PERRY AND MESQUITE POOLS.

DIVE MEETS WILL BE HELD AT WILLIAMS FIELD POOL.

During Swim and Dive Meets all 11 & 12 age groups will only compete against 11 & 12 age groups and will not compete against the 13 & up age groups.

All children MUST practice at the pool and practice time that they are registered for. We receive many requests for special exceptions to scheduled practice times, and unfortunately we cannot allow certain age groups to get overbooked by allowing this practice.

Your child's age as of June 1, 2015 will determine what age group to register them in this program. You may register your child for both swim and/or dive teams and simply choose what practice or meet to attend that day. Separate registrations are required for swim and dive team.

#### **Important Swim Team Dates**

**Swim Team Preliminary Meet:** 

7/9 (9yrs and up) at 5pm - Perry Pool 7/10 (8yrs and under) at 5pm - Perry Pool

(Warmups @ 4pm; meets start @ 5pm)
Championship Swim Meets:

7/14 (9yrs and up) at 5:30pm - Perry Pool 7/15 (8yrs and under) at 5:30pm - Perry Pool

(Warmups @ 5pm; meets start @ 5:30pm)

**Championship Dive Meets:** 

7/17 (9yrs and up) at 5:45pm - Williams
Field Pool
7/18 (8yrs and under) at 7am - Williams

Field Pool

Swim and Dive meet schedules will be available online beginning May 4, 2015





Facebook/GilbertParksRec



Twitter@GilbertParksRec

## \_\_\_\_\_ NEW \_\_\_\_\_ Stroke & Dive Clinics

#### **Stroke Clinic Information**

This stroke clinic is for those swimmers who know the four competitive strokes: Freestyle, Breaststroke, Backstroke and Butterfly. These clinics are designed to help swimmers

understand the movements and techniques that will improve all areas of each competitive stroke and swimmer abilities. The clinics will combine group workouts, focused technique

improvement and dry-land exercises to improve strokes and endurance. These clinics will be an additional opportunity for our swimmers to focus on their technique and learn the proper mechanics of each aspect of the four different stroke.

All clinics are taught by head coaches.

Clinics are taught at all four pools and run Mon-Thurs for 2 weeks following the swim lesson schedule.

Two clinics will be offered:

6/22-7/2 and 7/6-7/16.

11-11:45am 5yrs-8yrs

11:45am-12:30pm ages 9 and up.

Cost \$40 per clinic

#### **Dive Clinic Information**

Is your diver looking for a little more one-on-one? Maybe they are looking to take their dives to the next level or Perfect a dive that they have been working on or maybe have a mental block about? Then this dive clinic is for you. This clinic will consist of flexibility and strengthening dives and core exercises. The coaches will work together with the divers to decide what dives they should be focusing on. Each diver will be given individualized instruction and attention during this clinic. Land work and flexibility are also a big component to successful diving. Those areas will be worked on as well.

All clinics are taught by head coaches.

Clinics are taught at Perry and Greenfield pools and run Mon-Thurs for 2 weeks following the swim lesson schedule.

Two clinics will be offered:

6/22-7/2 and 7/6-7/16.

11-11:45am 5yrs-8yrs

11:45am-12:30pm ages 9 and up.

Cost \$40 per clinic

Session	Schedule Published 5pm	Resident On-line Registration	Non-Resident On-line Registration	Clinic Dates	Clinic Days
3	6/15 5pm	6/18 at 7am	6/18 at 10am	6/22-7/2	Mon-Thurs
4	6/29 5pm	7/2 at 7am	7/2 at 10am	7/6-7/16	Mon-Thurs

#### PUBLIC SWIMMING FEES

#### **Daily Admission**

Youth (17 & under) \$1 Adult (18 & over) \$3

#### **Punch Cards**

30 Punches \$25 3 punches per adult visit 1 punch per child visit

- Punch cards are valid at any of the four Gilbert pools for admission and can be used by any family member and guests.
- Punch cards are available for sale at the Parks and Recreation office May 4th-May 21st.
- Punch cards will only be sold at all pools beginning May 23rd during public swim hours.
- Punch cards are good for 2015 season only and expire in August.
- Punch cards can be used for lap swim and Aquacise.





Mesquite Aquatic Center	Greenfield Pool	Williams Field Pool	Perry Pool
Monday-Friday	Monday-Friday	Monday-Friday	Monday-Friday
1-6pm*	1-4:30pm	1-4:30pm	1-4pm*
Saturday 11am-4pm	Saturday 11am-4pm	Saturday 11am-4pm	Saturday 11am-4pm
*Please note: Mesquite Pool closes at 4pm all Thursdays in June due to swim meets.	11aiii-4piii	11αIII- <del>4</del> βIII	*Please note: Perry Pool will be closed for the summer season on 7/18/2015.

#### **PUBLIC SWIM POOL RULES**

- Children 6 years old and under must be accompanied by an adult or responsible person (12+).
- Swim suits only: No cut-off shorts, cotton shorts, or T-shirts are permitted.
- All persons entering the aquatic facility must pay the entry fee-including infants(1+ yrs) and observers.
- No flotation devices, except as follows: "Water Wings" are permitted in the pool zero depth areas only but NOT in the main pool areas.
- Water "Noodles" are permitted at all facilities.
- Lifejackets are permitted.
- Children who are not toilet trained must wear a disposable swim diaper at all times.
- We ask that all guests use the restroom and shower before entering and enjoying the pool.
- Guests who are sick or ill (diarrhea, incontinent, vomiting) are asked to visit after they have recovered from their illness.

# **Pool Rentals**

Private pool rentals at the Mesquite Aquatic Center only. Reservations will be accepted beginning May 4, 2015.

Pool rentals during the summer can be accommodated after public swimming hours starting May 23rd. Call 480-503-6200 for availability.

Available pool rental dates for 2015 at Mesquite Aquatic Center are:

August 10-15 - Monday-Friday times 6:30-8:30pm, Saturday - All day available.

August 17-22 - Monday-Friday times 6:30-8:30pm, Saturday - All day available.

August 24-29 - Monday-Friday times 6:30-8:30pm, Saturday - All day available.

Beginning May 23rd private rentals are taken after public swimming hours on Friday and Saturday evenings.

Cost varies by size of group, (An average 2 hour rental at Mesquite Aquatic Center for up to 150 people is \$400. Plus \$50.00 booking fee)

# **Splashing Summer Events Calendar**

This summer, Gilbert Aquatics will be offering fun events for all ages at each pool! All events have inflatables, special activities, crafts, and rotating games based on event theme.

We look forward to seeing you this summer!

EVENT	DATE	TIME	LOCATION
Mesquite RE-Grand Opening & Water Safety Day FREE	Saturday, May 16th, 2015	10am-2pm	Mesquite Aquatic Center
Kiddie Carnival *Ages 10 and under \$3 adults/\$1 child	Saturday, June 6, 2015	11am-2pm	Greenfield Pool
Family Pirate Party \$3 adult/\$1 child	Saturday, June 20, 2015	11am-2pm	Williams Field Pool



Mesquite

Re-Grand Opening

More Information on

Page 20.

#### **GUARD START and WATER SAFETY DAY**



#### **GUARD START**

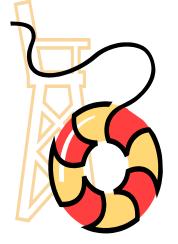
Gilbert Parks & Recreation Department and the American Red Cross are sponsoring a GUARD START program for the 2015 Aquatic Season. This program is designed for youth 11-15 years of age who would like to work as a Lifeguard, but are too young to take the required classes from the American Red Cross.

The experience gained in this class will encourage a youngster to continue with their education and training to become a Certified Lifeguard through the American Red Cross Lifeguard Training Course. Training will include rule enforcement, CPR demonstrations, First-Aid training, and various rescue scenarios.

Attendance at all classes is not mandatory but encouraged.

Registration will be through <a href="https://www.Gilbertrecreation.com">www.Gilbertrecreation.com</a> only and will begin:

May 5 at 7am for residents
May 5 at 10am for non-residents
Location: Mesquite and Perry Pools
Program Dates (8 total classes):
Monday & Tuesdays 6/8-6/30
Program Time - 1-4pm
Cost-\$60.00



# Mesquite Re-Grand Opening

On May 16, 2015 the Mesquite Aquatic Center is celebrating it's 20<sup>th</sup> anniversary by hosting a grand "re-opening" from 10am-2pm. Mesquite Pool was built in 1994, and has recently undergone an extensive renovation which is almost complete!

Join us for a day of free swimming, fun activities and inflatables, and free swim lessons for all ages!

#### Admission is FREE!

Please join representatives from the Gilbert Town Council, the Gilbert Parks and Recreation Department, and the Gilbert Fire and Rescue to promote our great new facility as we look forward to another 20 years of great fun and celebrate what is great in Gilbert!

See you there!

